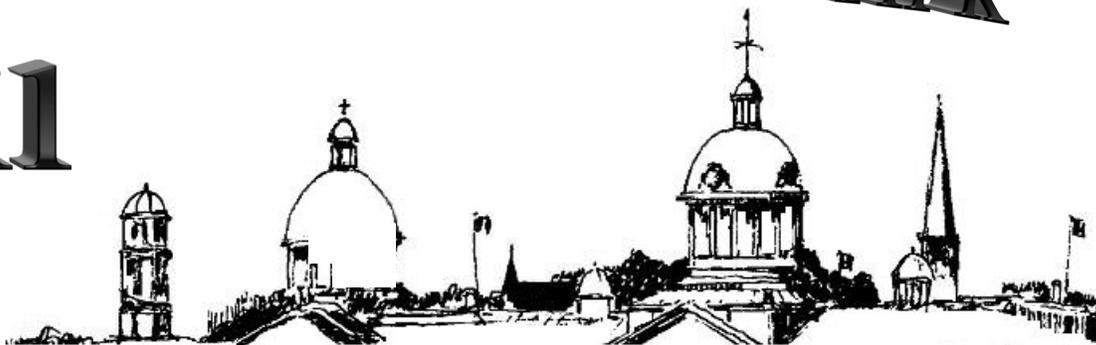


The Limestone Link

April

Volume 21, No. 8



General Meeting

Tuesday, April 4th @ 7:00

April 14th -> 15th is the 105th anniversary of the sinking of the "unsinkable" Titanic. Our guest speaker will be Don Mann, with his technical sidekick, Don Orgill. Don's mother and grandmother survived the tragic event. He has done extensive research and will present a slide show with photos of the glamorous interior and insider details and facts regarding the sinking. Don's talk will also provide interesting information on events that occurred since that fateful day!

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Welcome New Members

The Welcoming and Member Care Committee is delighted to welcome three new members:

Shirley Brownridge

Teresa Petrocco

Linda Wendt

Executive Messages President



Victoria Chase

A big thank you to our guest speaker, Constable Julia Moore with the Kingston Police Department. It was a riveting presentation on what **real, painstaking** forensic science entails and how a microscopic or seemingly haphazard clue can end up solving a grisly crime. Of course, much was said about DNA and when we were tested on the pronunciation of "*De oxy ribo nu cleic Acid*" -- our very own Dr. Amy McNaughton saved the day.

A heartfelt thanks to Ann and Paul Yaxley who put in a lot of effort in getting Constable Moore and then working on the various aspects of the presentation. Our appreciation to all those who brought in goodies for our enjoyment. The recipe for the ginger snaps seemed to be in great demand.

Good News!!

Executive Positions 2017-2018:

I am extremely happy to report that **two members** graciously **volunteered** to serve – one as Treasurer; and the other, as Secretary. To have a full complement of five Officers on the Executive Committee, one more key position needs to be filled, Membership Administrator.

Two coordinators are also needed for Refreshments and Activities. Voting on all the positions will take place at our meeting on May 2nd.

Your generous donations of hygienic items filled one box and a large shopping bag. Also, we collected \$42.30 which I will use to buy more products and then deliver it all to the Food Bank.

Venues – year-end luncheon and Christmas dinner: In the next few weeks the Vice Presidents and I will be meeting to discuss the pros and cons of the various venues researched and narrow the field. We will keep you posted.

Looking forward to seeing many of you at the April 4th meeting where our speaker will toss us back into the frigid waters of the Atlantic Ocean and the tragic sinking of the mighty RMS Titanic on April 15, 1912.

Please, feel free to send me any concerns, constructive criticism or creative ideas to make the club better for all us.

Contact:

victiaco@bell.net

536-5522

Vice - President's

Summary of Meeting on Tuesday, March 7

Wow, what a great night! It seems that everyone has agreed: Constable Julia Moore was a wonderful speaker with a great presentation about her work as a Forensic Identification Officer with the Kingston Police Force. The terrific treats and the fantastic member turn-out made the evening very special. We hope that you will continue to support our efforts by attending



March Meeting guest speaker, Constable Julia Moore, of the Forensic Identification Section at the Kingston Police Department, with Debbie Hunt, Victoria Chase and Ann Yaxley.

St. Patrick's Day Luncheon at Ramekins on Wednesday,

Despite the wintery weather, 35 ladies came to the special St. Paddy's Day lunch and had a great time, eating and chatting together!! They even laughed at the Irish jokes!! There were wonderful outfits in GREEN and prizes were awarded throughout the meal.

Prize: Gift Card from Shoppers

Alice Auger Most Unique Costume	Linda Wendt Most Unique Headpiece	Joan Shaw Most Green Items Worn
------------------------------------	--------------------------------------	------------------------------------

Names Drawn for Centrepieces, (Hydrangea or Shamrocks)

Gen Habel	June Peters	Helene Pizzuto
Betsy Somers	Joyce Worten	Sherry Barnes, Gift Card from Ramekins

Meeting Tuesday, April 4

April 14th/15th is the 105th anniversary of the sinking of the "unsinkable" Titanic. Our guest speaker will be Don Mann (along with his technical sidekick, Don Orgill). Our speaker's mother and grandmother both survived the tragic event. Don has done extensive research and will present a slide show with photos of the glamorous interior along with insider details and facts regarding the sinking. His talk will also provide interesting information on events that have occurred since that fateful day!

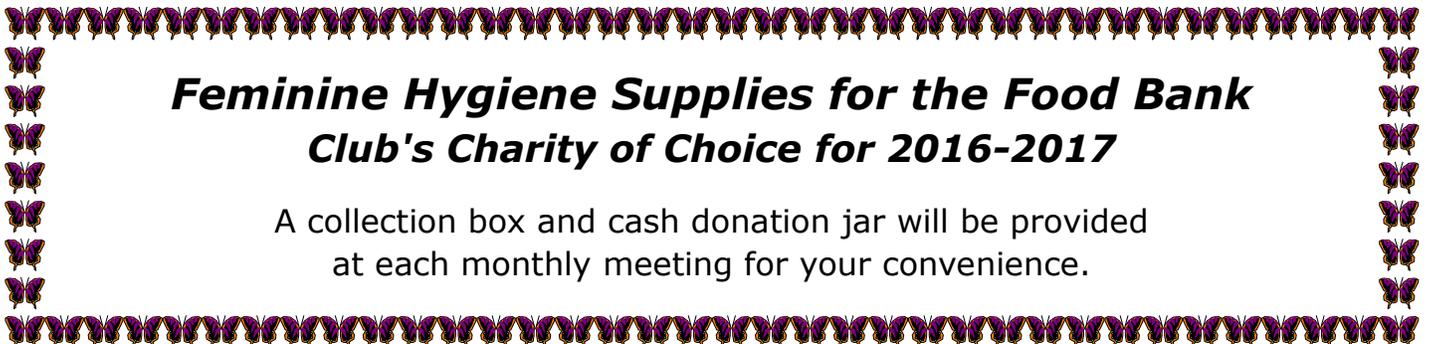
Upcoming Topics for Future Meetings:

We are attempting to respond to and act upon members' suggestions, so please keep them coming! Send them by email or tell us anytime!!

**Debbie Hunt and Ann Yaxley
Vice Presidents' March Report**

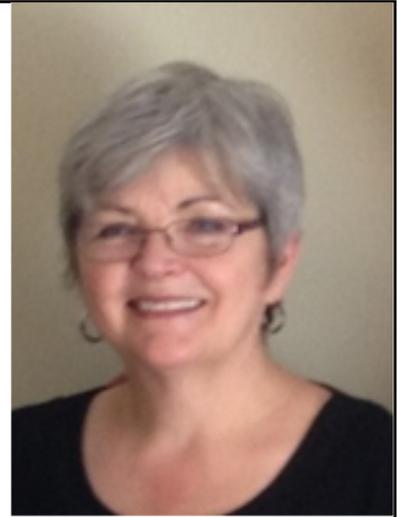
***Feminine Hygiene Supplies for the Food Bank
Club's Charity of Choice for 2016-2017***

A collection box and cash donation jar will be provided at each monthly meeting for your convenience.



Member Profile

Diane Earle



I was born in Noranda, Quebec, a small mining town in the Abitibi region. I am the oldest of six children. We are a very close knit family and we get together as often as we can.

I met my husband while working at Noranda Mines. Basil is from the Niagara Peninsula. He certainly did not appreciate Noranda for its winters and distance from major cities. We got married in September 1972 and our daughters were born in 1973 and 1975.

In 1976, we moved to Manitouswage and spent nearly 3 years there. I have some distinct memories of life in Manitouswage. The black flies! Every summer I would take the girls to Noranda and spend the summers at my parents' cottage. I also remember the cold, fresh winters and the smell of the evergreens which reminded me of my family's cottage. I just loved it. Like in most northern communities, winter sports were popular and we enjoyed curling and cross-country skiing.

We then moved to Murdochville. It felt like we were part of an international community as most of our friends were from different countries. The fishermen from the coast would come to town regularly with fresh catch. These were good times.

The Gaspé Coast is a beautiful part of the country and well worth the visit.

In 1984, we moved to Montreal in the West Island. I found work in a business centre. It was interesting work as I learned a lot from the diverse businesses using the services. We enjoyed Montreal and were sad to leave in 1987.

We moved to Cornwall where we stayed for 7 years. Although we left Montreal with a degree of trepidation, we soon adapted and very much enjoyed Cornwall. I started working as an administrative assistant for the provincial Member of Parliament and what an experience it was. It certainly opened my eyes to politics. Years later, I took a position with the Cornwall Legal Clinic. That was another eye opener.

Our daughters were able to complete their high school there. Stephanie excelled in basketball and her team won championships at the provincial level. She attended Ryerson where she played on the varsity team. Melissa got involved in dance and taught jazz and ballet jazz classes. Her claim to fame is that she taught Ryan Gosling in his pre-Mouseketeer era. Melissa left Cornwall to study at Mc Gill in Montreal.

Diane Earle, cont'd.

In 1994, Basil's company closed its doors and he was kept on for the decommissioning. An Austrian company who was buying some of the equipment asked Basil if he would be interested in working in Indonesia. South East Asia never attracted me but after our visit there and talking with our family, we decided to make the move.

Initially I was lonely as the "colony" where we lived, was small without many activities and I missed my family and friends. We lived in a small room in the guest house for 7 months awaiting our new home to be renovated. I learned to speak basic Bahasa Indonesian pretty quickly as the staff did not speak English.

When we moved into the house I had a household help and a designated car and driver. This allowed my regular visits to Jakarta, a city of approximately 10,000,000 people. I started doing voluntary work at the International Community Center 2 to 3 days a week welcoming new expatriates and working in the library and shop. I became involved in the social committee of the Canadian Women's Association. CWA made a significant impact in Indonesia and I was excited to work with the various Yayasan to help make a difference. Projects such as building toilet facilities for a school, improving the conditions in a hospital for burn victims and for patients with tuberculosis among others were very rewarding.

Most days in Indonesia came with a new adventure. As such, I miss the exciting life we lived, the many friends we made, the dress balls, the luxurious hotels, and

the exotic destinations. However, nothing beats being back in Canada. We returned 1998 just after riots broke out in May when more than 1000 people were killed. Subsequently we have been fortunate to be able to visit our expat friends who have returned to their homes in Europe and elsewhere.

After a year back in Cornwall, we moved to Kingston in 2000. I worked for the Social Evaluation Group at Queen's and had the privilege to work with interesting and recognized people in their fields. We lived in Inverary and I truly enjoyed the lifestyle outside the City.

In 2002, we moved to Ottawa and loved the community where we lived. I was called by a lawyer friend to apply for a job at the new Legal Clinic that was opening in the Vanier Community Centre. It was the most rewarding work experience I have had and I was quite sad to leave it.

In 2004, we moved to North Bay. I did not take it as a positive move but my sister lives there as well as her 2 daughters and their families. We also made many good friends there. I worked at the French Catholic School Board and retired last year after 12 years, the longest I have worked in one place.

Why the move to Kingston? Well, we love Kingston, the warmer climate and better access to things that we enjoy. Also, it brings us closer to our children and grandchildren in Toronto and Ottawa. I love being a grandmother and never say no to babysitting. I also love to cook, read, travel and meeting new people.

A

Ladies' Breakfast - Convenor: Sue Sephton 384-5540

suesephton@cogeco.ca

2nd Tuesday @ 8:30.

C

The Ladies Breakfast will be on Tuesday, April 11th Cavalier Room, 2360 Princess Street. A reminder email will be sent by Sue. Thanks Sue

t

Men's Breakfast Clubs

Convenor: Brian Rook 634-2510 bbrook1@cogeco.ca

3rd Wednesday, Meet and Greet @ 8:00, Breakfast @ 8.30.

Wednesday, April 19th, @ Smitty's, on Princess Street.

i

Convenor: John MacDonald macdonaldjohn39@gmail.com

2nd Wednesday, Meet and Greet @ 8:00, Breakfast @ 8.30.

v

Wednesday, April 12th Smitty's, in the back room, 2376 Princess Street. A few new members are swelling our ranks and with the return of better weather, hopefully an increased turnout. I am trying to bring the contact list up to date so any additions/deletions would be welcome. Thanks, John MacDonald

i

Canasta - Convenor: Lyn Salt lyndasalt0852@gmail.com

Alternate Thursdays @ 1:00 upstairs at Tompkins Funeral Home.

t

Stitch N' Chats

Afternoon - Convenor: Eva Acs 389-4279 les.acs@sympatico.ca

3rd Monday @ 1:00.

Monday, April 17th Elizabeth Atwill 115 Wright Crescent 546-4693.

i

Evening - Convenor: Betsy Somers 549-2061 somers_ea@yahoo.ca

2nd Tuesday @ 7:00.

News! News! Evening Stitch N' Chat is changing to a new time, 2nd Tuesday @ 7:00. If you are interested, please, contact Betsy.

e

In Stitches - Convenor: Diane Williams at 613-542-8420

2nd Monday @ 1:30.

Monday, April 10th. Need an afternoon break? Like to laugh and chat? Find out the latest gossip/news about Kingston? Join the "In Stitches" stitch n' chat group. Bring your mending, knitting, sewing or just yourself for a break. Enjoy a cup of tea and a sweet and mingle with other gals for an enjoyable afternoon. Contact the convenor for the April location.

s



Carol Clark	3	Virlana Kardash	13	Kay Hopper	22
Sherry Barnes	7	Victoria Chase	18	Shirley Gowdy	23
Valerie Klassen	8	Dianne Goodyear	18	Frankie Reader	23
Heather Mutch	11	Jill Davies	19	Heidi Merz	27
Yvette De Benedetti	12	Madeleine Ladouceur	19	Ruth Buckley	28
Helen Gatfield	12	Amy McNaughton	19	Merilyn McAlary	29
Gail Pieper	12				

Ladies Newcomers/Alumni Bridge Scores				
Date	First	Score	Second	Score
March 3	Denise Appleton	4780	Cathie Lewis	4280
March 17	Gail Pieper	5120	Mary Catton	4740



Spring 2017



A year of volunteering generously

Words can't express our gratitude for the dedication of the KHS volunteers, who gave an awe-inspiring 60,000+ hours of their time in 2016! The ways in which your commitment and hard work have improved the lives of our community's animals in need can't be counted. We hope that those of you who attended our volunteer appreciation Hallowe'en party in October enjoyed yourselves and felt appreciated! A big thank-you to local musicians R-Banned for providing the great entertainment.

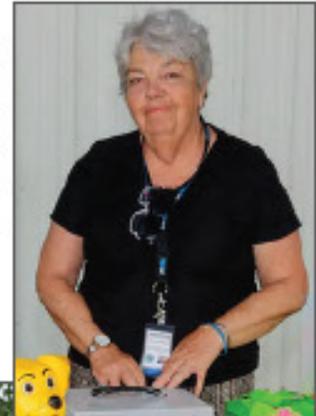
For more information about volunteering, please visit our website or contact the Volunteer Coordinator at 613-546-1291, ext. 106, or at volunteer@kingstonhumanesociety.ca.

Spotlight on dog walking

Volunteer dog walkers are vital to our operations, making it possible for us to give our adoptable shelter dogs exercise, socialization and enrichment. We need dog walkers between 10 AM and 6 PM on weekdays and between 10 AM and 3 PM on weekends. If this sounds like your kind of volunteer job, please contact us!

Helping innocent animals and working with warm, caring people—volunteering doesn't get better than this!

Penny Campbell,
KHS volunteer driver



I'm very happy to belong to a group of people who are dedicated to the welfare of animals.

Lynda Rook, KHS Crafters for Critters volunteer



Crafters for Critters

Crafters for Critters are creative volunteers who make beautiful items for people and pets to raise funds for the animals

at the KHS. The Crafters are looking for volunteers with sewing skills who can help make slip covers for our feline Kuranda beds. These covers are simple to make and give the cats at the shelter a much-needed sense of security. Contact volunteer@kingstonhumanesociety.ca to help and we'll send you the pattern and information.



The Kingston Humane Society participates in the Royal Canin Elite Shelter Program. When you register when you adopt a pet or purchase Royal Canin food from the shelter, we receive rewards points that offset the cost of food for the animals in our care.

3 – Spring 2017

Until every pet is wanted
your gift is needed

Recipes

Molasses

Ginger Cookies

Ingredients

2 cups white sugar
 1 cup butter
 ½ cup molasses
 2 eggs
 3½ cups flour
 2 tsp soda
 2 tsp ginger
 1 tsp cloves
 1 tsp cinnamon

Submitted by Anne Brunner and enjoyed by all at the March meeting.

Directions

- 1** In a large bowl, cream whitesugar and butter till fluffy.
- 2** Add eggs and molasses and beat well.
- 3** Add dry ingredients, small amounts at a time, mixing well.
- 4** Form in to 1-inch balls, roll in sugar.
- 5** Place on ungreased cookie sheet 2 inches apart.
- 6** Flatten with a fork.
- 7** Bake in 350°F oven, about 15 minutes, till lightly brown on the bottom.

Makes 6-8 dozen delicious cookies. This recipe works well also if you make only ½ the recipe.



Recipes

Turkey

Stuffing



Ingredients

1 c butter
 2 c chopped onion
 2 c chopped celery
 ¼ c chopped fresh parsley
 12 ounces sliced mushrooms
 12 c dry bread cubes
 – Ciabatta or French stick
 1 teaspoon poultry seasoning
 1 teaspoon ground rosemary
 1 ½ teaspoons dried sage
 1 teaspoon dried thyme
 ½ teaspoon dried marjoram
 ½ teaspoons salt**
 ½ teaspoon ground black pepper
 4 ½ c chicken broth, as needed
 2 eggs, beaten

Submitted by Patricia Cruickshank
and requested by the Mahjong Ladies.

Directions

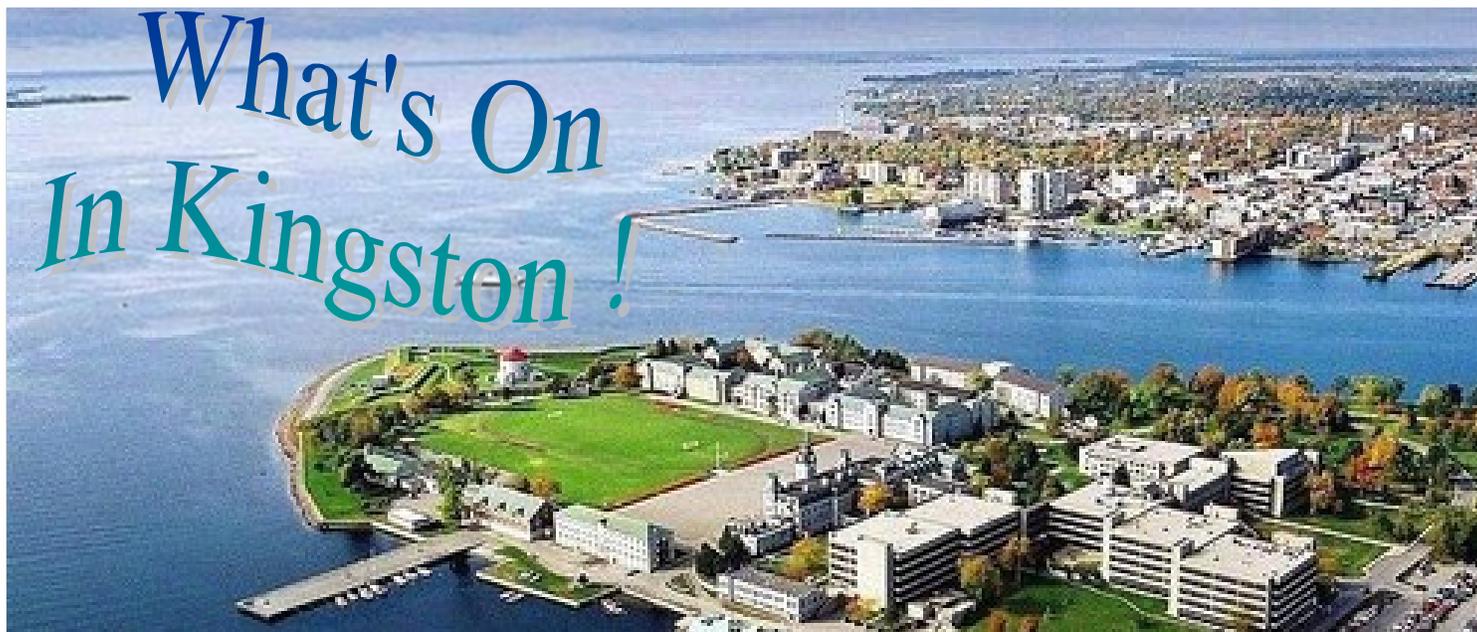
- 1 Melt butter in a skillet over medium heat.
- 2 Cook onion, celery, mushroom, and parsley in butter, until soft, stirring frequently.
- 3 Combine poultry seasoning, rosemary, Sage, thyme, marjoram, salt and pepper. Mix herbs into pan ingredients and heat through to bring out the flavours – about 30 seconds
- 4 Spoon cooked vegetable mixture over bread cubes in a very large mixing bowl. Mix the eggs into the broth and pour mixture over bread cubes to moisten.
- 5 Transfer mixture to a shallow, greased baking dish (9X13 inch baking dish).
- 6 Bake uncovered for 45 minutes to 1 hour at 350F.

**Recipe calls for 1-1/2 tsp of salt but some chicken broth has a lot of salt so I reduce the amount.

Footnote

For a change, add 3 honey garlic sausages taken out of the casing and fried and then mixed with stuffing for a different taste.

Adapted from a Slow Cooker Recipe.



Bath Public School Children's Thrift Sale

8th 9:00 -> 2:00

Want to sell your gently used baby/child/maternity items? Want to donate your gently used children & maternity items? Want to volunteer? Want to shop? Admission \$2.00, children free, Half price sale starts @ 1:00. www.facebook.com/events/409839212692361/

Ham Shoot - RCHA Club

8th 2:00 -> 4:30

Come out for a fun afternoon and win a Ham. Cost 4 darts for \$4.00. No skill necessary. You have the chance on 10 Hams. The object of the game is to throw four darts at a picture of a pig, each dart hole is circled and put on a grid with numbers, the numbers are totalled & the highest wins a ham. It is a hidden score so that anywhere on the target will count, you don't have to be a dart player to play this game, it's really just luck which makes it easy for anyone to participate and have a chance at winning. All welcome, 542-8152. <http://rcha.ca/>

Make an Easter Centrepiece to Support Easter Seals

11th 7:00 -> 9:00

Glocca Morra Farms is hosting an event to make your own Easter Centerpiece in support of Easter Seals! Their 4H Community Involvement Group is assisting this evening and the profits will go towards their Easter Seals Team! Their goal is to raise \$2500~ enough money to send a kid to camp this summer! The cost is \$45.00 per person. This will include all materials for making your design, and refreshments! www.easterseals.org/

Skeleton Park Easter Egg Hunt

15th 2:00 -> 10:30

We are excited to be hosting the 4th Annual Easter Egg Hunt at Skeleton Park. It has continued to grow each year, with over 60 children joining us last year! madebyecho@hotmail.com

Fur, Feathers and Fins Agricultural Petting Zoo 15th 2:00 -> 10:30

A fun filled, educational activity for the whole family and even more animals this year! \$2.00 per person, or \$5.00 per family (Family up to 2 parents and 3 children). All proceeds go to benefit Easter Seals kids! Also kids may take Easter photos with Peter Cottontail and/or a spring themed background. \$1.00 from every photo package purchased will go to Easter Seals Ontario! <http://easterseals.org/>

Fun With Food! Good Food Box Cooking Class 20th 1:30 -> 4:00

Learn how to use the produce in the Good Food Box to create a healthy meal. Get tips on healthy eating. Kingston Community Health Centres - Main Site 263 Weller Avenue. www.kchc.ca/community-health/food-programs/

Prince Edward County Authors Festival 20th -> 22nd

Join us for the Prince Edward County Authors Festival, an annual celebration of writers, readers and the written word in picturesque Picton on the bay. Enjoy author readings of fiction, nonfiction and poetry, spirited panel discussions, the 8th annual County Reads, and more. For details check www.pecauthorfest.com, call Books & Co. in Picton at 476-3037 or find the Festival on Facebook.



21st 6:00 -> 9:00

Welcome Spring by treating yourself to a fun evening out to shop, sample and be pampered while helping out an important local cause!! Grab dinner from the food truck offering a special girls night out menu while

you wait and once inside Grab a drink from the bar while you make your way through our 40 vendors and all they will be offering!! All Money raised will be given to The Kingston Interval House. There will be \$5.00 admission charge which will give you 3 chances to win one of the great door prizes full of items donated by local businesses and vendors. New *** Swag Bags to the first 200 guests through the door. Portuguese Cultural Centre of Kingston, (59 Division Street. [facebook.com/events/1919631224935160/](https://www.facebook.com/events/1919631224935160/))

K4Paws Charity Auction 22nd 2:00 -> 5:00

Kingston 4 Paws Service Dogs trains and places service dogs with individuals in the community who need the assistance of a dog. We have amazing auctions items up for grabs in both the silent and live auction. Wine tasting, hors d'oeuvres and networking. Service dogs in training and in service will also be in attendance. You won't want to miss this event. Tickets are \$50.00 and the auction is located at The Vimy Officer's Mess at CFB Kingston. Experience an auction that gives back to the community! www.k4paws.ca/

Get Pampered

25th 11:00 - > 4:00

HARS Kingston and Trillium College Kingston team up together to provide a day of pampering for all women. Welcoming all women. There will be finger foods and refreshments, an area to relax where you will be served tea. Free Haircuts, Massages and Nail Painting. Fabulous Door Prizes. Take home gift bags. HARS Kingston- 884A Princess Street.



Swing, swing, swing! Noted jazz artist Greg Runions and his band join the Kingston Symphony to jump and jive with toe-tapping renditions of the very best music from the Big Band Era. Chart-toppers from Duke Ellington, Benny Goodman, Count Basie, Glenn Miller, Tommy Dorsey, and more! Enjoy your favourite hits from the golden age. Kingston Symphony at The Grand. www.kingstonsymphony.ca/concerts-events/calendar/best-of-the-big-bands/

Limestone Race Week-End

29th -> 30th

The Kingston Road Runners is pleased to present our biggest annual race event of the year. Limestone Race Weekend donates to the KGH Trauma ward as well as Start2finish Reading and Writing program. www.krra.org/events/krra-limestone-race-weekend/

April Events at The Agnes

The Textile Conservator Meets

6th 7:00 - > 8:00

Sophia Zweifel and Gennifer Majors explore historical textile-cleaning and care practices through the Queen's University Collection of Canadian Dress. This presentation delves into the fascinating research undertaken by conservators on historical fabrics. Zweifel and Majors will speak about the intersection of textile conservation and history, with examples from the research they have conducted during their semester at Queen's. This event is free of charge and all are welcome.

Inside Agnes Music and Art Series

9th 2:00 - > 3:30



Belissimo, featuring Bill Bosworth and Lise de Kok, is a Piano/Violin duo presenting the "American Songbook": Cole Porter, George Gershwin, Duke Ellington and Antonio Carlos Jobim. Art: Recently returned from exhibition in Milan, a magnificent imaginary architectural scene by the Venetian painter Bernardo Bellotto (1721-1780) is the centrepiece of a presentation by Bader Curator/Researcher of European Art Jacquelyn Coutré.

THE KINGSTON FIBRE ARTISTS

proudly present

Art Threads

**OPENING RECEPTION
MARCH 18, 2017 2-5PM**

**MARCH 18 - APRIL 13, 2017
COMMUNITY GALLERY LEVEL 1**

HOURS: MON TO FRI 10AM - 6PM, SAT - SUN 10AM - 5PM

TETT CENTRE FOR CREATIVITY AND LEARNING
370 KING ST W, KINGSTON WWW.TETTCENTRE.ORG

WWW.KINGSTONFIBREARTISTS.CA

SUPPORTED BY:





Scavenger Hunt



The Hunt is On!

Gather your family, friends and co-workers and scour the City of Kingston for those special objects found at select locations, and best of all have FUN!

Proceeds will help Independent Living Centre Kingston to offer services for persons with disabilities!

Date: Saturday April 1st, 2017

Location: Seniors Association of Kingston, 56 Francis St.

The hunt will start and finish here.

Refreshments and prizes to follow.

Time: 2:00 - 4:00 pm

Registration at 1:30 pm and collect your hunting list.

Entry Fee: \$25 for a Team of 4 (Children under 6 free)

Register online at one of the following:

www.facebook.com/ilckington

www.ilckington.com

Or visit 540 Montreal Street.

For more information call or email:

(613) 542-8353

programs@ilckington.com



Independent Living Centre Kingston
Disability Resources and Support





Sheba's Haven Rescue & Ange Stever

from BIG FM 96.3 Presents

Our First Annual



TRIVIA NIGHT

GOES TO THE DOGS!

Sponsored
By:



Fresh
RADIO
104.3



Cash
Bar
Snacks

Raffle
50/50
Draw

SATURDAY APRIL 1, 2017

DOORS OPEN @ 6:00 PM

TRIVIA STARTS @ 7:00 PM

THE MATHEW J. DAWE MEMORIAL LEGION

4034 BATH RD (COLLINS BAY)

\$50.00 for a team of 4

Pre-register to guarantee your table by emailing:

Shebashaven@kingston.net

or kimfarms@kingston.net

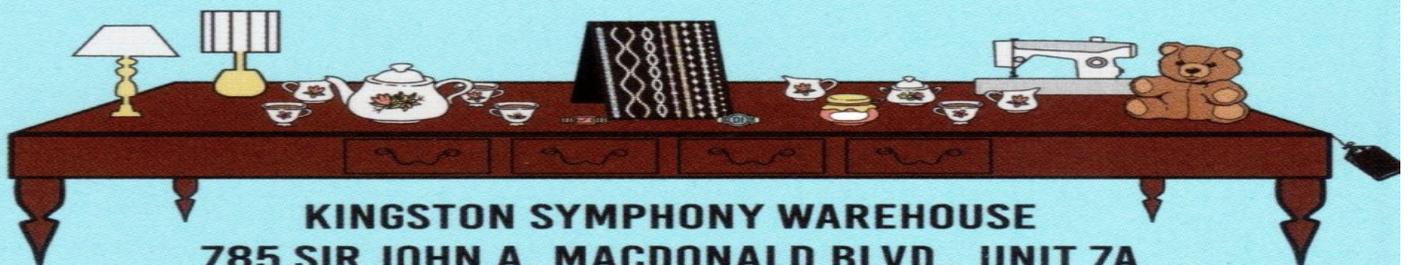
All proceeds go to Sheba's Haven Rescue for palliative dogs

KINGSTON SYMPHONY ASSOCIATION VOLUNTEER COMMITTEE PRESENTS



APRIL 6 - 9, 2017
THURSDAY @ 4 P.M. - 8 P.M.
FRIDAY @ 10 A.M. - 6 P.M.
SATURDAY @ 10 A.M. - 5 P.M.
SUNDAY @ 10 A.M. - 2 P.M.

Bargains All Day Saturday!
Blowout Prices Sunday!



KINGSTON SYMPHONY WAREHOUSE
785 SIR JOHN A. MACDONALD BLVD., UNIT 7A

613-546-9729 // KINGSTONSYPHONY.ON.CA



Vimy Ridge 100th Anniversary Ball
Celebrate Canadian Traditions and History

Home Menu Sponsors Tickets CMCEEN English Français

A Night to Remember, A Night to Celebrate!

The Canadian Forces School of Communications and Electronics welcome you to an evening of festivities to celebrate our history.

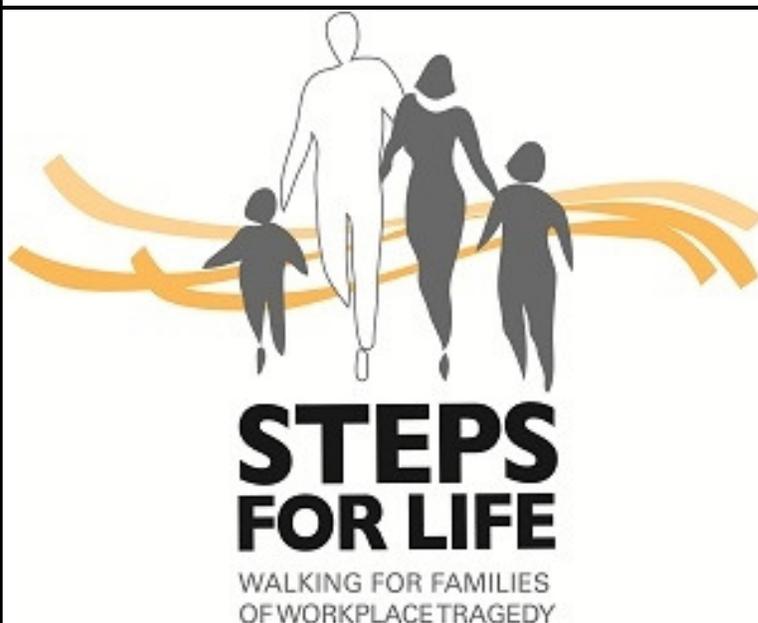
April 7th 2017 - 19:00 (Cocktail starting at 18:15)

[Purchase Tickets Now!](#)

This event is being held to recognize the 100th anniversary of military success at Vimy Ridge, recognize those who served, recognize and appreciate Canada's freedom.

General Tickets are \$75.00 per person (civilian) and your contribution includes a six course meal, live music (CF Quintet and local Pipes and Drums), evening dancing along with a DJ, souvenir photograph (of you!), valet parking, plus a few historical surprises. "Friends of the Ball" tickets include participation in a pre-cocktail party (5:30) with MLA Mark Gerretsen.

Please check the Ball website (<http://vimy100th.net/>) for further information on details and ticket options, and sponsorship information and benefits. Sponsorships are still being accepted (and greatly appreciated). Please feel free to SHARE! Everyone is welcome and the invitation is open. For more information, ball@vimy100th.net



Steps for Life Walking for Families of Workplace Tragedy

is a fun, 5-km fundraising walk to help support families affected by life-altering workplace injuries, illnesses and deaths. It's a unique way to educate your community about the devastating ripple effects of a workplace tragedy and how we can work together to prevent others from being injured or killed on the job. You can make a difference too.

stepsforlife2017.kintera.org/faf/home/

**April 29, 2017 9:00-> to 12:00
James R. Henderson Public School**



IN PARTNERSHIP WITH



APRIL 8, 2017

KingstonFights.ctcacf.org

BENEFITTING

**THE CHILDREN'S CANCER FUND AT KGH
AND CAMP TRILLIUM**



Bergeron | Clifford LLP INJURY LAWYERS

are proudly sponsoring

All In's

Annual

ADAPTIVE

CURLING

BONSPIEL



Saturday, April 8th, 2017

10:00am-5:00pm

Kingston Royal Curling Club

Important Details:

- ☐ Teams of 4 with 24 teams maximum (teams may have an alternate)
 - ☐ Each game is 4 ends or 1.5 hours
 - ☐ Everyone throws from a wheelchair with a stick
- ☐ Participants must bring clean shoes - wheelchairs will be cleaned at the event
 - ☐ Extra wheelchairs and sticks will be provided for able bodied curlers
 - ☐ Anyone with balance issues, please remain in a chair when on the ice
 - ☐ We will not have a PSW on hand so please bring one if needed
 - ☐ Please don't drink and drive - parking at the club is free all night!

Early Registration (before February 17th)

\$120.00 per team

Normal Registration (before March 31st)

\$180.00 per team

Last Minute Registration

\$220.00 per team

Please contact katie@all-in-ontario.com to RSVP or for any additional inquiries

permobil





**KINGSTON
CRAFT BEER
FESTIVAL**
SATURDAY, APRIL 8TH

THE BROOKLYN
14 GARRETT ST, KINGSTON
NOON - 6PM

SATURDAY, APRIL 8TH 2017



We are pleased to announce our Annual Fundraising Gala and introduce our special guest speaker!

Sally Armstrong

acclaimed journalist, film-maker, author



When: Friday, April 28, 2017

Where: Vimy Officers' Mess, Canada Forces Base Kingston

Time: Doors open 5:30

Tickets: \$100 including \$40 Income Tax Receipt

Tickets on sale March 9, 2017; stay tuned for details.

kingston
**chamber
choir** 2016/17

April 29 7:30 -> 9:15
St. George's Cathedral

Artistic Director
Gordon Sinclair



SONGS OF
LOVE

www.kingstonchamberchoir.ca/kcc_events.cfm

Kingston Grandmother Connection presents

SPRING MARKET FOR AFRICA

SATURDAY, MAY 6, 2017

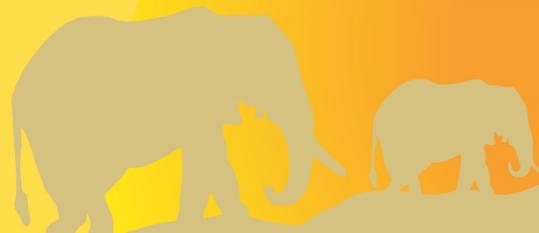
10AM - 3PM

**SALVATION ARMY CITADEL
816 CENTENNIAL DRIVE
AT TAYLOR-KIDD**



- **Plants**
- **Jewelry**
- **Sewing**
- **Local Artists**
- **African Baskets**
- **Baking**
- **Used Fashion**
- **Hot Soup Lunch**
- **Sandglass Creations**

**FREE
ADMISSION**



**To support African Grandmothers & Grandchildren
stephenlewisfoundation.org and helplesotho.org**

Contact Us: g2g.kingston.ca