

# “FRIENDLY FACTS”

## for Kingston Newcomers/Alumni Members

### GENERAL

<i>Kingston Newcomers/Alumni</i>		<a href="http://www.kingstonnewcomers.org/">www.kingstonnewcomers.org/</a>
City of Kingston	613-546-4291	<a href="http://www.cityofkingston.ca/">www.cityofkingston.ca/</a>
Info for visitors and residents		<a href="http://www.visitkingston.ca/">www.visitkingston.ca/</a>
Visitor Info Centre 209 Ontario Street	613-548-4415 888-855-4415	<a href="http://kingstoncanada.com/en/index.asp">http://kingstoncanada.com/en/index.asp</a>
<i>“Time of your Life”</i> Radio show for Seniors on Wednesdays at 11:30 am	613-548-7810	<i>(under the auspices of Seniors Association of Kingston)</i>
Find a doctor in Ontario	800-445-1822	<a href="http://www.ontario.ca/healthcareconnect/">www.ontario.ca/healthcareconnect/</a>

### ARTS

Agnes Etherington Art Centre	613-533-6000	<a href="http://www.agnes.queensu.ca/">www.agnes.queensu.ca/</a>
Kingston WritersFest	613-767-0513	<a href="http://www.kingstonwritersfest.ca/">www.kingstonwritersfest.ca/</a>
Ontario Arts Council	416-961-1660	<a href="http://www.arts.on.ca/">www.arts.on.ca/</a>
Tett Centre for Creativity & Learning	343-266-0009	<a href="http://www.tettcentre.org/">www.tettcentre.org/</a>

### EDUCATION

Later Life Learning	613-546-2625	<a href="http://www.laterlifelearning.ca/">www.laterlifelearning.ca/</a>
Queens University	613-533-2000	<a href="http://www.queensu.ca">www.queensu.ca</a>
Quill (Queens Institute for Life Long Learning)	-----	<a href="http://www.quillkingston.org/">www.quillkingston.org/</a> email: <a href="mailto:kingstonquill@gmail.com">kingstonquill@gmail.com</a>
Seniors Association of Kingston	613-548-7810	<a href="http://www.seniorskingston.ca/">www.seniorskingston.ca/</a>
St. Lawrence College	613-544-5400	<a href="http://www.stlawrencecollege.ca/">www.stlawrencecollege.ca/</a>

## INTEREST GROUPS

Canadian Club Kingston (lunch & guest speakers)	613-530-2704	<a href="http://www.canadianclubkingston.org/">www.canadianclubkingston.org/</a>
Computer & Tablet Literacy	613-546-9286	
Kingston Heirloom Quilters		<a href="http://www.quiltskingston.org/">www.quiltskingston.org/</a>
Limestone Quilters Guild		<a href="https://limestonequiltersguild.wordpress.com/">https://limestonequiltersguild.wordpress.com/</a>
PROBUS in Kingston & Area: 1. Women's (#94) 2. Men's (#43) 3. Combined (#138)		Three clubs: <a href="http://www.probus.org/17kingfr.htm">www.probus.org/17kingfr.htm</a> <a href="http://www.probus.org/17kingst.htm">www.probus.org/17kingst.htm</a> <a href="http://www.probus.org/17kinglim.htm">www.probus.org/17kinglim.htm</a>

## MUSEUMS

Kingston Assoc. of Museums, Art Galleries & Historic Sites	613-507-4014	<a href="http://www.kingstonmuseums.ca/">www.kingstonmuseums.ca/</a>
Bellevue House	613-545-8666	<a href="http://www.pc.gc.ca/en/lhn-nhs/on/bellevue/">www.pc.gc.ca/en/lhn-nhs/on/bellevue/</a>
Kingston Museums	-----	<a href="http://www.cityofkingston.ca/explore/culture-history/history/museums/">www.cityofkingston.ca/explore/culture-history/history/museums/</a>
Kingston Penitentiary Museum		<a href="http://www.penitentiarymuseum.ca/">www.penitentiarymuseum.ca/</a>
MacLachlan Woodworking Museum	613 542-0543	<a href="http://www.woodworkingmuseum.ca/">www.woodworkingmuseum.ca/</a>
Military Communications & Electronics Museum	613 541-4675	<a href="http://www.c-and-e-museum.org/">www.c-and-e-museum.org/</a>
Murney Tower Museum	613-507-5181	<i>Email: <a href="mailto:murneytower@gmail.com">murneytower@gmail.com</a></i>
Museum of Health Care	613 548-2419	<a href="http://www.museumofhealthcare.ca/">www.museumofhealthcare.ca/</a>
Pump House Steam Museum	613-544-7867	<a href="http://www.steammuseum.ca/">www.steammuseum.ca/</a>

## MUSIC

<b>Cantabile Choirs of Kingston</b>	<b>613-549-0099</b>	<a href="http://www.cantabilechoirs.ca/">www.cantabilechoirs.ca/</a>
<b>Kingston Chamber Choir</b>		<a href="http://www.kingstonchamberchoir.ca/">www.kingstonchamberchoir.ca/</a>
<b>Kingston Senior Choristers</b>		
<b>Kingston Symphony</b>	<b>613-546-8580</b>	<a href="http://www.kingstonsymphony.on.ca/">www.kingstonsymphony.on.ca/</a>
<b>LaSalle High School: Seniors Instrumental Music Program</b>	<b>613-546-1737</b>	
<b>Limestone City Voices a cappella harmony</b>	<b>613-634-1646</b>	<a href="http://www.limestonecityvoices.com/">www.limestonecityvoices.com/</a>

## RECREATION

<b>Cataraqui Conservation Auth.</b>	<b>613-546-4228</b>	<a href="http://www.crca.ca/">www.crca.ca/</a>
<b>Farmers Market on Sunday</b>	<b>613-572-7059</b>	<a href="http://www.memorialcentrefarmersmarket.ca/">www.memorialcentrefarmersmarket.ca/</a>
<b>Ferry to Wolfe Island</b>	<b>613-545-4664</b>	<a href="http://www.wolfeisland.com/ferry.php/">www.wolfeisland.com/ferry.php/</a>
<b>Kingston YMCA</b>	<b>613-546-2647</b>	<a href="http://www.kingston.ymca.ca/">www.kingston.ymca.ca/</a>
<b>Rideau Trail Association</b>	<b>613-545-0823</b>	<a href="http://www.rideautrail.org/">www.rideautrail.org/</a>
<b>Seniors Association of Kingston</b>	<b>613-548-7810</b>	<a href="http://www.seniorskingston.ca/">www.seniorskingston.ca/</a>

## THEATRE

<b>1000 Island Playhouse (Gan.)</b>	<b>613-382-7020</b>	<a href="http://www.1000islandsplayhouse.com/">www.1000islandsplayhouse.com/</a>
<b>Bottle Tree Productions</b>	<b>613-384-8433</b>	<a href="http://www.bottletreeinc.com/">www.bottletreeinc.com/</a>
<b>Domino Theatre</b>	<b>613-549-2735</b>	<a href="http://www.dominotheatre.com/">www.dominotheatre.com/</a>
<b>Grand Theatre</b>	<b>613-530-2050</b>	<a href="http://www.kingstongrand.ca/">www.kingstongrand.ca/</a>
<b>Isabel Bader Centre for the Performing Arts</b>	<b>613-533-2424</b>	<a href="http://www.queensu.ca/theisabel/">www.queensu.ca/theisabel/</a>
<b>Kingston Arts Council</b>	<b>613-546-2787</b>	<a href="http://www.artskingston.ca/">www.artskingston.ca/</a>
<b>Kingston Screening Room</b>	<b>613-542-6080</b>	<a href="http://www.screeningroomkingston.com/">www.screeningroomkingston.com/</a>
<b>King' s Town Players</b>	<b>613-583-7529</b>	<a href="http://www.kingstownplayers.com/">http://www.kingstownplayers.com/</a>
<b>Theatre Kingston</b>		<a href="http://www.theatrekingston.com/">www.theatrekingston.com/</a>

## **VOLUNTEER OPPORTUNITIES**

<b>Big Brothers/Big Sisters of Kingston, Frontenac &amp; Addington</b>	<b>613-544-1621</b>	<b><a href="http://www.bigbrothersbigsisterskingston.com/">www.bigbrothersbigsisterskingston.com/</a></b>
<b>Canada Blood Services</b>		<b><a href="http://www.blood.ca/">www.blood.ca/</a></b>
<b>Hospice Kingston</b>	<b>613-542-5013</b>	<b><a href="http://www.hospicekingston.ca/">www.hospicekingston.ca/</a></b>
<b>Kingston General Hospital Patient Care</b>	<b>613 548-2359</b>	<b><a href="http://www.kgh.on.ca/">www.kgh.on.ca/</a></b>
<b>Kingston Grandmothers Connection</b>	<b>613 384-6482</b>	<b><a href="http://www.g2gkingston.ca/">www.g2gkingston.ca/</a></b>
<b>Kingston Symphony - Volunteer Committee</b>	<b>613-546-9729</b>	<b><a href="http://www.kingstonsymphony.on.ca/">www.kingstonsymphony.on.ca/</a> OR <a href="mailto:info@kingstonsymphony.on.ca">info@kingstonsymphony.on.ca</a></b>
<b>Martha's Table</b>	<b>613-546-0320</b>	<b><a href="http://www.marthastable.ca/">www.marthastable.ca/</a></b>
<b>Seniors Association of Kingston</b>	<b>613-548-7810</b>	<b><a href="http://www.seniorskingston.ca/">www.seniorskingston.ca/</a></b>
<b>VON Canada (Kingston branch) (Meals on Wheels &amp; Foot Care)</b>	<b>613-634-0130</b>	<b><a href="http://www.von.ca/en/site/kingston/">www.von.ca/en/site/kingston/</a></b>